

C-Unit Studio Schedule: 2021-2022

Monday	Studio A	Studio B	Studio C	AP Code
4:15-4:45 pm	AP 1 Stretch/Conditioning	Level I/II Jazz (8-10)	AP 2 Ballet	AP 1
4:45-5:15 pm				AP 2
5:20-5:50 pm	AP 3/4 Stretch/Conditioning	AP 1 Jazz	Level I/II Ballet (8-10)	AP 3
5:50-6:20 pm				AP 4
6:25-6:55 pm	AP 3/4 Jumps, Turns, Progressions	AP 2/3 Stretch/Conditioning	AP 4 Ballet	AP 1/2
6:55-7:25 pm				AP 2/3
7:30-8:00 pm	AP 3 Jazz	AP 2 Jazz	AP 3/4 Ballet	AP 3/4
8:00-8:30 pm				
8:30-9:00 pm				
Tuesday	Studio A	Studio B	Studio C	
4:15-4:45 pm		AP 2 Technique + Extensions	AP 1: Ballet	
4:45-5:15 pm				
5:20-5:50 pm	AP 3/4 Technique + Extensions	AP 1 Technique + Extensions	AP 2 Ballet	
5:50-6:20 pm				
6:25-6:55 pm	AP 3/4 Technique + Extensions	AP 1 Jumps, Turns, Progressions	AP 3/4 Ballet	
6:55-7:25 pm				
7:30-7:55 pm		Level II Hip-Hop (9-12)		
8:00-8:30 pm	AP 4 Jazz		AP 3 Ballet	
8:30-9:00 pm				
Wednesday	Studio A	Studio B	Studio C	
4:15-4:45 pm	Level II Hip-Hop+ (7-10)	Level II/III Hip-Hop Foundations+ (10-13)	Creative Movement Hip-Hop/ Jazz Combo (3-5); 4:15-5:00pm	
4:45-5:15 pm				Creative Movement Ballet (3-5); 5:00-5:45pm
5:20-5:45 pm	Level II/III Hip-Hop+ (10-13)	Level IV Hip-Hop Foundations+ (14+)	AP 1 Ballet	
5:50-6:20 pm				
6:25-6:55 pm	Level IV Hip-Hop+ (14+)	Level II/III Hip-Hop (13+)	Level IV Tap	
6:55-7:25 pm				
7:30-8:00 pm	Level II/III Contemporary (13+)	Level I/II 11-13 Hip-Hop		
8:00-8:30 pm				
8:30-9:00 pm				
Thursday	Studio A	Studio B	Studio C	
4:15-4:45 pm	Ap 1 Lyrical	Level I Jazz (5-7)	Level II Ballet (9-12)	
4:45-5:15 pm				
5:20-5:50 pm	AP 3 Contemporary	Level II Jazz (9-12)	Level I Ballet (5-7)	
5:50-6:20 pm				
6:25-6:55 pm	AP 4 Contemporary	AP 2 Jumps, Turns, Progressions	Level II/III Ballet (13+)	
7:00-7:25 pm				
7:30-8:00 pm	AP 2 Contemporary	Level II/III Jazz (13+)	AP 3/4 Ballet	
8:00-8:30 pm				
8:30-9:00 pm				
Friday	Studio A	Studio B	Studio C	
3:30-4:15 pm	Creative Movement Hip-Hop/ Jazz Combo (3-5)			
4:30-5:00 pm	Level I Hip-Hop (5-7)	Level I/II Hip-Hop (8-10)		
5:00-5:30 pm				
5:35-6:05 pm	Level I/II Hip-Hop (8-10)	Level I Hip-Hop (5-7)		
6:05-6:35 pm				

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Saturday	Studio A	Studio B	Studio C	AP Code
9:00-9:30	Rehearsal Slot	AP 3 Progressions		AP 1
9:30-10:00				AP 2
10:00-10:30	AP 4: Jumps, Turns, Progressions		AP 2 Ballet	AP 3
10:30-11:00				AP 4
11:00-11:30	AP 2 LUNCH	Rehearsal Slot	AP 4 Ballet Technique	AP 1/2
11:30-12:00	Level I/II Ballroom (9-13)			AP 2/3
12:00-12:30			Junior/Senior Lunch	AP 3/4
12:30-1:00	Level II Ballroom+ (13+)	Rehearsal Slot		
1:00-1:30				
1:30-2:00	Rehearsal Slot			
2:00-2:15				
2:15-2:45				
2:45-3:00				
3:00-3:30				
3:30-4:00				
Sunday	Studio A	Studio B	Studio C	
9:00-9:30	Level I/II Acro/Tumbling (8-10)		AP 3 Ballet	
9:30-10:00				
10:00-10:30	Level II Acro/Tumbling (8-10)	Rehearsal Slot	Level I Tap (5-8)	
10:30-11:00				
11:00-11:30	Level III Acro/Tumbling+ (12+)	Munchkin & P-Dub Lunch		
11:30-12:00				
12:00-12:30	Junior Lunch	Rehearsal Slot	Level II Tap (9-12)	
12:30-1:00				
1:00-1:30	Rehearsal Slot		Level I/II Tap (7-10)	
1:30-2:00				
2:00-2:30				
2:30-3:00				

*AP indicates "Accelerated Program" in Ballet, Jazz, Contemporary & Technique; "+" indicates an accelerated class by recommendation or audition only

*AP Classes Require full participation in the AP Program/Minimum Requirements; participation + placement is based on audition or recommendation only

* Acro/Tumbling classes are part of the AP Track or by audition only

*Any Jazz or Contemporary class (separate from AP Program) requires enrollment in 1 ballet class minimum

*Acro, Hip-Hop Foundations, Ballroom and Creative Movement classes are not in the recital