

2023-24 WEEKLY SCHEDULE

**General Weekly Schedule: Please see your portal for the exact season start/end dates, a live calendar, no class dates, rehearsals, scheduled appointments, and more.*

	Time 4:00 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	
MONDAY	STUDIO A	Pre-AP Ballet 4:15 PM-5:15 PM	AP 5 Ballet 5:15 PM-6:45 PM	AP 3/4 Ballet 7:00 PM-8:00 PM	Level II/III Ballet [ages 13+] 8:00 PM-9:00 PM		
	STUDIO B	AP 3/4 Progressions 4:15 PM-5:45 PM		AP 3/4 Jazz 5:45 PM-6:45 PM	AP 5 Progressions 7:00 PM-8:15 PM	AP 4/5 Jazz 8:15 PM-9:15 PM	
	STUDIO C	AP 2/3 Stretch Conditioning 4:15 PM-5:15 PM	Level II Hip-Hop [ages 9-12] 5:30 PM-6:30 PM	Level II Contemporary [ages 12+] 6:45 PM-7:45 PM			
	STUDIO D	Mini Movers: Ballet/Tap [ages 4-5] 4:15 PM-5:00 PM	Level II Tap [ages 9-12] 5:30 PM-6:30 PM	Level I Tap [ages 9-12] 6:45 PM-7:45 PM	Junior Tap Small Group Rehearsal 8:00 PM-8:30 PM		
TUESDAY	STUDIO A	AP 1 Ballet 4:15pm-5:15pm	AP 4/5 Ballet 5:15 PM-6:45 PM	AP 2 Ballet 7:00 PM-8:00 PM	AP 3/4 Ballet 8:00 PM-9:00 PM		
	STUDIO B	AP 2/3 Progressions 4:15 PM-5:15 PM	AP 2/3 Extensions 5:20 PM-6:20 PM	AP 4/5 Stretch Conditioning 7:00 PM-8:00 PM	AP 4/5 Contemporary 8:00 PM-9:00 PM		
	STUDIO C	AP 2 Progressions 4:15 PM-5:15 PM	AP 1 Stretch/Conditioning 5:20 PM-6:20 PM	AP 3 Contemporary 6:30 PM-7:30 PM	Hip-Hop Team II Rehearsal 7:30 PM-8:30 PM		
	STUDIO D						
WEDNESDAY	STUDIO A	Level III Ballet [ages 9-12] 4:15 PM-5:15 PM	Level III Jazz [ages 9-12] 5:20 PM-6:20 PM	Private Lesson 6:30 PM-7:30 PM	Hip-Hop Team I Rehearsal 7:30 PM-8:30 PM		
	STUDIO B	Level II/III Hip-Hop+ [ages 9-12] 4:15 PM-5:15 PM	Level III/IV Hip-Hop+ [ages 10-14] 5:20 PM-6:20 PM	Level IV Hip-Hop+ [ages 14+] 6:25 PM-7:25 PM	Level III Hip-Hop [ages 13+] 7:30 PM-8:30 PM		
	STUDIO C	Level III Hip-Hop [ages 8-10] 4:15 PM-5:15 PM	Level III Hip-Hop+ [ages 7-10] 5:20 PM-6:20 PM	Level II/III Jazz (Semester Class) [ages 13+] 6:25 PM-7:25 PM	Level III Hip-Hop [ages 11-13] 7:30 PM-8:30 PM		
	STUDIO D	Level I Tap [ages 5-9] 4:15 PM-5:15 PM	Level IV Tap+ [ages 13+] 5:20 PM-6:20 PM	Level III Tap+ [ages 11-13] 6:25 PM-7:25 PM	Level IV Ballroom+ [ages 13+] 7:30 PM-8:30 PM	Tn/Sr Ballroom Rehearsal - 8:30 PM-9:00 PM	
THURSDAY	STUDIO A	Level I Ballet [ages 8-10] 4:15 PM-5:15 PM	Level I Ballet [ages 5-7] 5:20 PM-6:20 PM	Level II Ballet [ages 11-13] 6:25 PM-7:25 PM	AP 2 Ballet 7:30 PM-9:00 PM		
	STUDIO B	Level I Lyrical [ages 5-7] 4:15 PM-5:15 PM	Level I Jazz [ages 13+] 5:20 PM-6:20 PM	AP 2 Contemporary 6:25 PM-7:25 PM	Level II Jazz [ages 11-13] 7:30 PM-8:30 PM		
	STUDIO C	Mini Movers: Ballet/Tap [ages 3-4] 4:15 PM- 5:00 PM *Semester Class*	Stretch/Technique [ages 9-12] 5:20 PM-6:20 PM	Crossfit Conditioning (Semester Class) [ages 13+] 6:25 PM-7:25 PM	Level III/III Hip-Hop (Semester Class) [ages 13+] 7:30 PM-8:30 PM		
	STUDIO D	Pre-AP Stretch 4:15 PM-5:00 PM	Pre-AP Jumps/Turns/Leaps 5:00 PM-6:00 PM	AP 1 Lyrical 6:15 PM-7:15 PM	AP 1 Progressions 7:15 PM-8:15 PM		
	Pilates Room	Drop-In: Mat Pilates [ADULT] 4:15 PM-5:15 PM					
FRIDAY	STUDIO A	Drop-In: Salsa/Bachata for Beginners [ADULT] 5:30 PM-6:30 PM					
	STUDIO B	Level III Hip-Hop [ages 8-10] 4:30 PM-5:30 PM	Pre-AP Jazz/Lyrical 5:30 PM-6:30 PM				
	STUDIO C	Level I Hip-Hop [ages 5-7] 4:30 PM-5:30 PM	Level I Hip-Hop [ages 5-7] 5:30 PM-6:30 PM				
	STUDIO D	Level I Acro+ [ages 5-7] 4:30 PM-5:30 PM	Level III Acro [ages 8-10] 5:30 PM-6:30 PM				
SATURDAY	STUDIO A	AP 3/4 Ballet 9:00 AM-10:00 AM	AP 4/5 Ballet 10:00 AM-11:00 AM	AP 2 Ballet 11:00 AM-12:00 PM	AP 1 Ballet 12:15 PM-1:15 PM		
	STUDIO B	AP 4/5 Extensions 9:00 AM-10:00 AM	AP 2/3 Jazz 10:00 AM-11:00 AM	AP 1 Jazz 11:00 AM - 12:00 PM			
	STUDIO C	Level III Acro+ [ages 8-10] 9:00 AM- 10:00 AM			Level IV Acro+ [ages 14+] 11:45 AM-12:45 PM	Level III Acro+ [ages 10-14] 12:45 PM-1:45 PM	
	STUDIO D	Mini Movers: Hip-Hop [ages 4-5] 9:00 AM - 9:45 AM *Semester Class*			Level II/III Ballroom+ [ages 10-14] 11:45 PM-12:45 PM	Level III Ballroom+ [ages 8-12] 12:45 PM-1:45 PM	